

# Run4unity

May 10  
2008



On Saturday May 10th members of the parish went to join in the Run4unity event organised by Youth For Unity, part of the Focolare movement.

The London event was part of a world wide initiative involving over 100,000 teenagers in 340 cities of 89 nations, teenagers of many cultures, races and religions will run united once again in prominent and signifi-

cant locations around the planet in order to symbolically extend a rainbow of fraternity over the world.

And why were they doing this? To demonstrate a commitment to living peacefully and respectfully - living by the golden rule.

Want to learn more about the golden rule? Read on?

Want to see more pictures of our parish group in action? Read on.



# Let's Colour our City

Who doesn't want to see our city all coloured with love, instead of being "gray" because of the lack of love, making many people lonely and sad. If we bring people together like in a family, everyone will be happy and will experience that we are all brothers and sisters.

We want to do something, but what can we do and where do we begin?

A small rule would be enough to change the world. It is contained in many holy books of all the major religions because it is a rule which is written deep in the heart of every human being: "Do to others what you



would have them do to you and do not do to others what you would not have them do to you!" This rule is so important and precious that it has been called the Golden Rule.

Let's try to live it, starting with the person right next to us in this moment.

To colour our city let's calculate the cost and draw up a plan



Let's unite with all our friends who share the same Ideal.

Let's make a solemn pact to always love one another. Then let's take a look around us and size up our city. Let's choose together where to start to color the city with our love.



Let's share with others not only what we have but who we are. Let's cry with those who are crying, and be happy with those who are happy, without ever stopping.

There are people who are poor, lonely, or rejected by others. What can we do?

Let's go out towards them every day! If someone is hungry, let's bring him or her something to eat. Let's give clothes to those who don't have any, and comfort those who are alone. Let's go to them not only loaded with material goods but also ready to give our time, our attention, or say hello, or listen to them. Let's comfort them with our smiles and not leave anyone alone.



Let's multiply our love, widen our horizons and go toward everyone. Anyone who passes by us, rich or poor, beautiful or ugly, talented or not, of my religion or of the other, is a neighbor to be loved.

**X** Let's discover the richness in each neighbor and let's start a conversation with them, looking for what unites us. And many will follow us.

**%** It won't always be easy because every commitment costs. If someone makes fun of us, let's forgive them. Let's do all our part and when we can't reach someone, let's entrust it to God, without setting limits to our goals. We will receive a hundred times as much.

But if God is with us, one city is not enough. Let's aim at universal brotherhood, at a united world. We also need each one of you, we need your coloured painting to reach the goal. Let's give our best every day, so that we never have to regret having loved too little.





